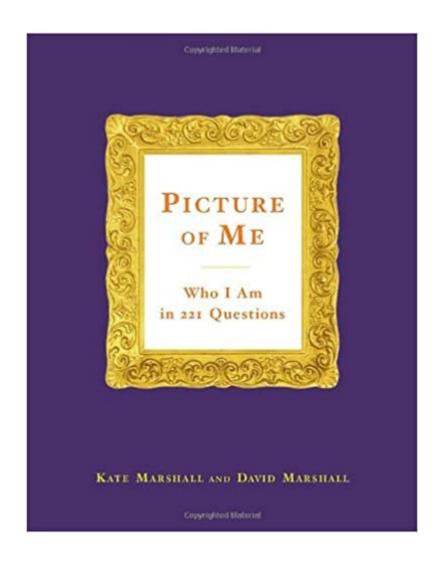


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# Picture Of Me: Who I Am In 221 Questions





## Synopsis

Picture of Me offers an engaging way to answer life  $\tilde{A}\phi \hat{a} \neg \hat{a}_{,,\phi} \hat{c}$ s most basic question:  $\tilde{A}\phi \hat{a} \neg \hat{A}^{,\phi}$ Who am I? $\tilde{A}\phi \hat{a} \neg \hat{A}$ • Fill in these entertaining, thought-provoking prompts to celebrate who you are, where you are in life, and all the things that make you unique. Whether marking a milestone birthday, graduation, life transition, or just for fun, Picture of Me is a delightful way to capture the essence of YOU.

### **Book Information**

Hardcover: 96 pages Publisher: Harmony (March 17, 2009) Language: English ISBN-10: 0767930371 ISBN-13: 978-0767930376 Product Dimensions: 6.4 x 0.6 x 8.4 inches Shipping Weight: 12 ounces (View shipping rates and policies) Average Customer Review: 3.9 out of 5 stars 81 customer reviews Best Sellers Rank: #240,104 in Books (See Top 100 in Books) #177 inà Â Books > Self-Help > Journal Writing #202 inà Â Books > Arts & Photography > Drawing > Coloring Books for Grown-Ups > Religious & Inspirational #284 inà Â Books > Self-Help > Art Therapy & Relaxation

#### **Customer Reviews**

Kate and David Marshall are husband-wife authors of bestselling guided journals for people with life stories, love and wisdom to share. Their goal is to make it easy for anyone to write about their life, relationships, and experiences, and to offer ways to deepen family communication. Their journals include: What I Love About You; What I Love About You, Mom; The Book of Myself; The Book of Us; Picture of Me; and My Life Map. marshallbooks.net

I bought four but returned two of these because I found that there were sections that wouldn't go over well with the parents of the teenage recipients. Of the remaining two, I gave one as a gift - kept him busy and he finished it within a week - and kept one for myself. ---The price was good, but the questions didn't really thrill me. Most are so, so basic and some are very personal and there isn't much in-between. It goes from "what's your favourite fruit" to "what is your opinion on abortion"... and many questions are slightly childish ("what do you like most about your best friend") but are followed directly by sexual history questions. There are a few whole pages in which you list which family members you'd most like to x (give a million dollars to, buy something for, spend a day with, challenge to a race, etc) and which family members you can count on to x (plan gatherings, make things fun, make jokes, handle emergencies, etc), and a whole page on your favourite foods in different categories... those get so boring and uninteresting. ---I included a picture of the table of contents page. You can see that there are entire sections on your social life and work/financial things, so this book wouldn't be good for someone without a job or social life. A few pages are 'answer if single only' and 'answer if in a relationship only', as well... ---There are also a few picture page prompts and neither of us were into that. The picture prompts are: Self portrait, favourite outfit, the family you grew up with, the family you chose (children, spouse, etc), your best friends, your love interest, your home exterior, a floor plan of your home, your workplace, and a random doodle. Almost all specify that instead of drawing, you can use a photo if you like... we both just skipped all of those pages. Those really, really made it feel like a book made for 8-year-olds but maybe someone with art talent would feel otherwise. ---

The questions were great but the book itself wasn't. The pages are that kind of glossy smooth paper that you can't really write on with pen without it smearing, and pencil doesn't work well on that paper either. Also, when you write on one page you can see what you wrote on the other because the page's ink doesn't hold. It's like a bank slip; you have two sheets of paper, you write on the top and it show on the bottom, then you keep one for you and the other for the teller. That is how these pages are, it bleeds through.I would have liked this a million times more if they had put it on normal writing paper rather than paper that isn't good for writing on. But besides that the questions and everything were wonderful.

This is a fun little book if you like answering questions about yourself. It's great for marking down where you're at in your life right now, so you can reflect on it in later years...answer the questions and give it to some one so they can know you better...or just for fun :)Some of the questions may not apply to everyone (eg: if you're single, there are questions about being in a relationship, and vice versa). Most of the questions (I'd say 200-210 of the 221 questions) are relevant to everyone. They would apply to teens in high school, single adults, and someone who's been married for 20 years. There are also pages for doodling, adding pictures/business cards/sketches, etc.The pages are somewhat glossy, but a regular ink pen is fine- a gel pen would smear and not be so good for writing in this book, but regular pens are fine.The questions are very easy to understand, and there are lines for more general questions, so you can write out answers. There's also plenty of room for

notes (if you feel like expanding on a particular answer). It doesn't ask incredibly detailed questions, they're more like "What features do you/don't you like about yourself?" "My house/room has (blank) kind of feel/style." Questions like 'what are your favorite/most hated foods, sports, animals,' things like that- if you're looking for something that asks in-depth questions from past years and space to write down memories, this isn't a good book for that. If you just want to answer fun, random questions, this is a great book. I enjoyed it :)

\*\*Edited after going through the entire book.\*\*The questions this book asks are either very basic (list of favorites) to very invasive (particularly the political questions), without much wiggle room. The questions are either multiple choice or fill in the blank questions, not giving you an opportunity to provide an in depth answer and not really requiring much thought at all. These questions don't offer enough thought or entertainment value to hold the attention of anyone over the age of 12, but it asks questions about sexuality (asking about how open you are about talking about sex, one of the answer options to what you want from a relationship is "just sex, no strings," how you feel about "hookups") that I personally would not feel comfortable with my own teen or preteen answering. Overall, I feel like this book is best suited to an 18 or 19 year old. Someone just discovering themself; not too young to answer the sex questions, but still young enough to find value in the basic questions provided. Here are some example questions:"I look like this famous person or cartoon character:""My astrological sign is:""I'd describe my home decor as" (with a variety of check box options like "traditional," "pigsty," "eclectic," "other")"About my sex life or sexual orientation I am:" (with options ranging from "100% open," to "very, very private")"I make \$[blank] per year"I was hoping that I could at least fill it out and maybe learn something about myself or share it with my boyfriend so he might learn something. Unfortunately, it couldn't hold my interest enough to even bother answering some of the questions and there's nothing in this book that anyone I've had more than 3 conversations with would find insightful or new. This was a very regretful purchase. I will look into some of the alternatives recommended by other reviewers.

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